



January	Wellness: healthy family resources, motherhood wellness transformations and healthy habits Love my 'hood: why I moved to the East Valley, why I stayed in the E.V., etc. Diversity & inclusion
February	Relationships: how to keep dating your spouse, galentines, loving yourself, etc. Free fun around the East Valley Working moms
March	Disabilities: learning disabilities, down syndrome day, autism, etc. Reading and literacy resources, profiles, etc. Pregnancy
April	Infertility/trying to conceive Music/performing arts resources, profiles, etc.
May	Mother's Day and blended families Summer plans / All things water
June	Traveling with kids Father's Day
July	Foster parenting Back to School
August	Feeding (breast feeding, food allergies, feeding disorders, etc.) STEM resources, profiles, etc.
September	Childhood cancer Annual birthday giftaway Daughters (national daughters day 9/25)
October	Pregnancy + infant loss Moms & sons Fall planning
November	Shop small: mom-owned businesses in the East Valley Adoption Opt outside resources
December	Holidays Volunteering with kids